

Template: Training Pre/Post-test

Directions: Test officers immediately before and after the training to measure changes in officer knowledge about addressing youth with mental health needs. The questions on this test should be adapted to ensure that you are measuring the specific content of your CIT for Youth training.

1. True or False: With early identification and intervention, youth with mental illness can live full and productive lives.
2. True or False: Young people engage in self-harm just to get attention.
3. If a student in your school needs to be transported for mental health treatment, which three individuals or organizations do you need to communicate with?

4. List three typical warning signs of emerging mental illness in children and adolescents.

5. True or False: When a youth talks about suicide it should always be taken seriously.
6. True or False: Mental illness in youth presents with symptoms that are the same as for adults.
7. True or False: schizophrenia, Down syndrome and bipolar disorder are all examples of a mental illness.
8. True of False: 70 percent of youth involved in the juvenile justice system live with a mental illness.
9. In [jurisdiction name], law enforcement can access emergency psychiatric services for youth any time during the day or night. How is this help accessed?

10. List three strategies for communicating with families of youth with mental health needs:
